

Tips for Managing Alarm Fatigue



Diagnosing the Issue

Persistent hospital alarms are more than just a nuisance to clinicians making rounds and patients who need to rest. Alarm fatigue is a real issue that occurs when healthcare workers experience sensory overload due to exposure to excessive alarms.

ALARM FATIGUE IS A MAJOR SOURCE OF STRESS THAT CAN CAUSE OCCUPATIONAL BURNOUT¹.

ALARM FATIGUE DESENSITIZES STAFF TO ACTUAL EMERGENCIES, WHICH PUTS PATIENTS AT RISK².

85% say nuisance alarms occur frequently and disrupt patient care³.

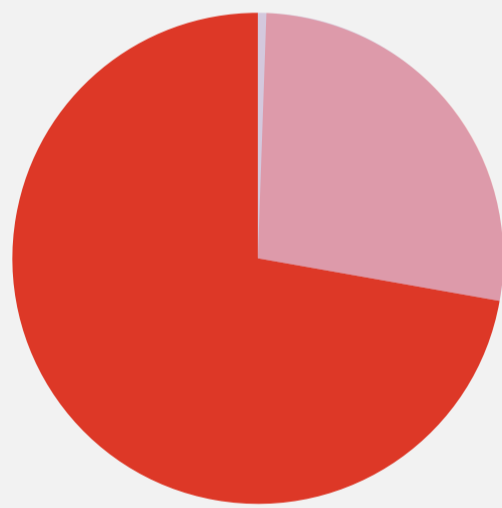
54% say nuisance alarms reduce trust and cause caregivers to turn them off².

100% say alarms should differentiate alarm priority².

93% say alarm fatigue can cause alarms to be excessively ignored¹.

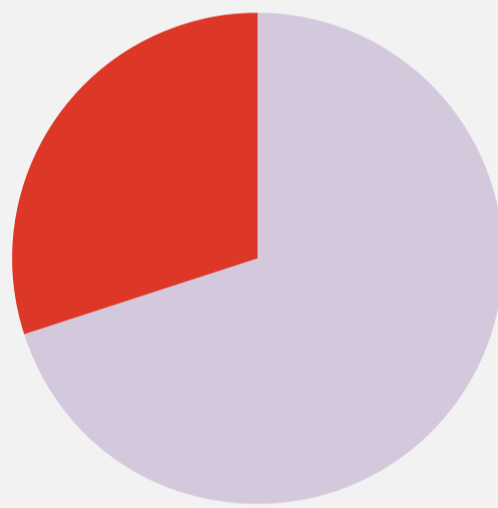
What Care Staff Report

More Reasons to Reduce Alarms and Alerts



72% to 99%

of hospital alarms are false alarms⁴



30%

reduction in alarms doesn't impact patient safety¹

3 Ways Alarm Filtering Improves Patient Care



1.

Combining of Alarms reduces noise and related stress



2.

Prioritization of Notifications distinguish low-level alarms from actual emergencies



3.

Patient-Specific Data provides insights for setting priorities and accelerating decision-making

Take care of your clinical staff so they can take care of your patients.

Visit [Spectralink.com](https://www.spectralink.com) to find out how Spectralink mobility solutions enable alarm filtering that helps your clinical staff to provide better care to your patients.

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REFERENCES

¹ MDPI, 'Impact of Alarm Fatigue on the Work of Nurses in an Intensive Care Environment – A Systematic Review,' 2020.

² Wolters Kluwer Health, 'Research Outcomes of Implementing CEASE,' 2019.

³ NCBI, 'A Framework to Assess Alarm Fatigue Indicators in Critical Staff,' 2021.

⁴ PSQH, 'Battling Alarm Fatigue for Improved Patient Care and Safety,' 2020.